

# THE PROFESSIONAL DEVELOPMENT GROUP

Cynthia Kyriazis is a productivity strategist, organization consultant, time management coach, speaker, and author. She leads decision-makers, their teams, and staff in navigating the 24/7 demands on their time and energy by developing a clear line of sight on what's important and a plan for how to get there. **80% of Cynthia's clients report saving at least 45 minutes a day in real time and 91% have improved their overall productivity.**

Cynthia possesses a 20-year track record of success in serving Fortune 500 companies, entrepreneurial businesses, government, and non-profit agencies. Regardless of the organization size, **Cynthia guides leaders and star performers to make choices that create and sustain a productive mindset, and positively impact both personal growth and organizational profitability.**

Cynthia is the Amazon best-selling author of *Get Organized. Get Focused. Get Moving. How to Overcome Productivity Potholes*. She has also been featured as an expert on Forbes.com, *Wall Street Journal* online, the *Philadelphia Inquirer*, *Legal Intelligencer*, and many regional publications, radio, and television shows – and was named one of the “28 Best Online Productivity Experts” by *New York Times* best-selling author Hank Reardon in his book *Time Management 2.0*.

## Qualifications & Education

- Past-Secretary to the National Association of Professional Organizers (NAPO)
- Past-President of the Kansas City chapter of the International Society for Performance Improvement (KC-ISPI)
- Consultant to the American Coaching Association
- Certified Professional Behavioral Analyst (CPBA)
- Certified Professional Values Analyst (CPVA)
- B.S., Communication, University of Kansas

## Endorsements

“You helped us get our thinking time back!”

- VP, Organizational Development, Diageo

“Cynthia's training was exactly what we needed. The reviews were great and the ROI was right on target.”

- Organizational Development, Campbell Soup Company

“Working with Cynthia is a refreshing way to inspire yourself and your staff to implement methods that will make all of you efficient. Each one of my staff came and thanked me for having Cynthia in to work with us.”

- Visual Communications Manager, Merck Pharmaceuticals



**Cynthia**  
KYRIAZIS

**Productivity  
& Organization  
Consultant**

## Organizations We Have Served

- American Diabetes Association
- Avery Dennison
- Bayer HealthCare
- Campbell Soup Company
- Cerner
- Cisco
- Coca Cola Bottling
- Eli Lilly
- GlaxoSmithKline
- G.E. Capital
- Humana
- Masterfoods USA
- Merck & Co., Inc.
- IBM
- National Multiple Sclerosis Society
- Rubbermaid
- Sanofi Aventis
- Sprint
- Unisys
- The United Way of Wyandotte County